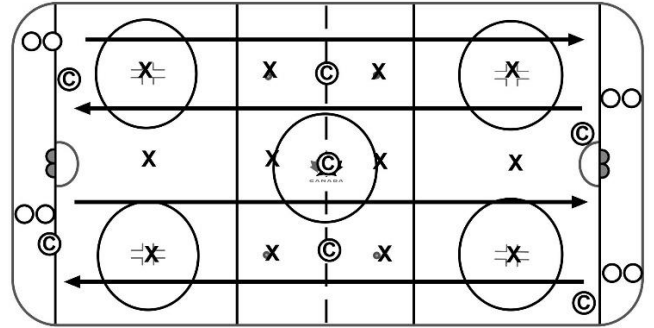


Drill Name & Description	
4 Lane Skating	[15]
<p>Free skate - coaches should skate among players talking to as many as possible - make them feel comfortable, help as needed. Give parents time to get kids on ice for first time.</p>	



Drill Name & Description	
5 Station Set Up #2	[45]
<ol style="list-style-type: none"> 1. Indy 500 2. Puck Control Obstacles 3. Skating Puck Control - Combo 4. Skating Puck Control - Combo 5. Chuckwagon Races 	

