ONTARIO HOCKEY FEDERATION

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2024-2025 OHF Minimum Suspension List – Junior B & C Hockey

The following are minimum suspensions that shall be imposed for infractions, which occur in all OHF exhibition, league, and play-off games, during the current playing season for Junior competitive hockey. Note (1) that these suspensions are over and above any imposed by Hockey Canada rules.

Notice re: Clarifications

- 1. These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstance warrant.
- 2. Any other Suspension of fewer than 7 games shall be final and not appealable.
- 3. If a Supplemental Suspension is assessed in addition to the minimum Suspension, the supplemental Suspension is appealable directly to the league.
- 4. It is the responsibility of each team manager and/or coach to ensure their players sit out the appropriate suspensions. When in doubt as to the relevant suspension, contact the league office.
- 5. If unable to contact the league office, sit player(s) in question until clarification can be obtained.
- 6. These suspensions are in addition to the game incurred.

SECTION 1 – MALTREATMENT				
Rule#	Туре	Penalty	Suspension/Fine	Last 10 Minutes
11.1 (e)	Game Misconduct	Unsportsmanlike Conduct	n/a	n/a
			1 st = 1 game + \$500	2 games
		Abusive Behavior - COACH	$2^{nd} = 2 \text{ games} + 750	n/a
		Abusive Bellavior - COACIT	3 rd = 2 games + \$1000	n/a
11.2(e)	Game Misconduct		+ Hearing	
11.2(6)	Game Misconduct	Abusive Behavior - PLAYER	1 ST = 2 games + \$150	n/a
			$2^{nd} = 4 \text{ games} + 300	n/a
			3 rd = 6 games + \$450	n/a
			+ Hearing	11/ a
11.2(f)	Gross Misconduct	Abusive Behavior	3 games	n/a
11.3(c)	Match	Spitting	5 games	n/a
11.4	Gross Misconduct	Discrimination	Indefinite Suspension –	
			League to determine	n/a
			(Minimum 5 Games)	
11.5(c)	Match	Physical Harassment of Officials	Indefinite Suspension –	n/a
			League to determine	11/ a
11.5(e)	Game Misconduct	Physical Harassment of Officials	2 games	n/a

Progress	Progressive Suspensions – Player or Team Official					
Rule#	Penalty	Suspension	Last 10 Minutes			
11.2(e)	Receives 2 Game Misconducts under Rule 11.2 in a season	3 games	n/a			
11.2(e)	Receives 3 or more Game Misconducts under Rule 11.2 in a season	Indefinite Suspension –	n/a			
11.2(0)		League to determine	II/a			
11.2(f)	Receives 2 Gross Misconducts under Rule 11.2 in a season	Indefinite Suspension –	n/a			
11.2(1)		League to determine				
11.4	Receives 2 or more Gross Misconducts under Rule 11.4 in a season	Indefinite Suspension –	n/a			
11.4	Receives 2 of more gross Misconducts under Rule 11.4 in a season	League to determine	II/ d			
11.5(e)	Receives 2 or more Game Misconducts under Rule 11.5(e) in a season	Indefinite Suspension –	n/a			
11.5(e)		League to determine				



SECTION 2 – MAJOR PENALTIES					
Rule#	Type	Penalty	Suspension/Fine	Last 10 Minutes	
7.1 (b)	Major	Attempt to Injure or Deliberate Injury	1 game	2 games	
7.2 (b)	Major	Boarding	1 game	2 games	
7.4 (b)	Major	Charging	1 game	2 games	
7.5 (b)	Major	Checking from Behind *	2 games	n/a	
7.7 (b)	Major	Head Contact *	2 games	n/a	
7.8 (b)	Major	Kneeing **	2 games	n/a	
8.5 (b)	Major	Interference with the Goaltender ***	2 games	n/a	
8.7 (b)	Major	Clipping	2 games	n/a	
9.2 (b)	Major	Cross-Checking	1 game	2 games	
9.3 (b)	Major	Slashing	1 game	2 games	
10.5 (b)	Major	Throwing or Shooting Stick or Object	1 game	2 games	
10.8 (b)	Major	Refusing to Start Play	See other (Section 5)	n/a	

Progressive Suspension - Player

- * A player shall receive a minimum 2 game suspension upon receiving his 3rd minor penalty for Checking from Behind & Head Contact in the same season. An additional 2 game suspension shall result for each subsequent minor in the same season.
- ** A player shall receive a minimum 2 game suspension upon receiving their 3rd double minor penalty for Kneeing in the same season. An additional 2 game suspension shall result for each subsequent double minor in the same season.
- *** A player shall receive a 2 game suspension upon receiving his 3rd penalty for Goaltender Interference in the same season.

 An additional 2 game suspension shall result for each subsequent Goaltender Interference Penalty in the same season.

Any player receiving 2 Majors in same season for any of the above infractions	2 games	3 games
Any player receiving 3 Majors in same season for any of the above infractions	4 games	5 games
Any player receiving 4 Majors in same season for any of the above infractions	Indefinite Suspension – League to determine	n/a

SECTION 3 – MATCH PENALTIES				
Rule#	Туре	Penalty	Suspension/Fine	Last 10 Minutes
7.1 (c)	Match	Attempt to Injure or Deliberate Injury	Indefinite Suspension – League to determine	n/a
7.2 (c)	Match	Boarding	3 games	n/a
7.4 (c)	Match	Charging	3 games	n/a
7.5 (c)	Match	Checking from Behind	3 games	n/a
7.7 (c)	Match	Head Contact	3 games	n/a
7.8 (c)	Match	Kneeing	3 games	n/a
8.5 (c)	Match	Interference with the Goaltender	3 games	n/a
8.7 (c)	Match	Clipping	3 games	n/a
8.8 (c)	Match	Slew Footing	3 games	n/a
9.1 (c)	Match	Butt-Ending	3 games	n/a
9.2 (b)	Match	Cross-Checking	3 games	n/a
9.3 (b)	Match	Slashing	3 games	n/a
9.4 (c)	Match	Spearing	3 games	n/a
10.5 (c)	Match	Throwing or Shooting Stick or Object	3 games	n/a

















Progressive Suspension - Player		
Any player receiving 2 Match penalties in same season for any of the above infractions	5 games	n/a
Any player receiving 3 Match penalties in same season for any of the above infractions	Indefinite Suspension – League to determine	n/a

Progressive Suspension Continued – Player - Game Misconducts				
Incident	Suspension/Fine	Last 10 Minutes		
6 th offence	1 game + \$500	n/a		
7 th offence	2 games + \$750	n/a		
8 th offence	3 games + \$1000	n/a		
9 th offence	4 games + \$1250	n/a		
10 th offence and thereafter	Indefinite Suspension –	n/a		
	League to determine			

Rule#	Type	Penalty	Suspension/Fine	Last 10 Minutes
		Fighting - Third (3 rd) Offence	1 game	2 games
		Fighting - Fourth (4 th) Offence	2 games	3 games
7.10 (b)	Major	Fighting – Fifth (5 th) Offence	3 games	4 games
		Fighting – Sixth (6 th) Offence and thereafter	Indefinite Suspension- League to determine	n/a
	Pre/Post Game	Altercations		
7.10 (b)	Major + GM	Any player involved where Majors and Game Misconducts are assessed.	2 games	n/a
	Major + GM	Coach of team whose players are penalized	3 games	4 games
7.10 (c)	Match	Fighting – wearing rings or tape to inflict punishment.	3 games	n/a
7.10 (e)	Game Misc.	Player who joins in a fight or acts as a peacemaker.	2 games	n/a
7.10 (e)	Game Misc.	Player who takes part in another or secondary fight during the same stoppage of play.	2 games	n/a
Rule 7.10	- Staged Fights			
Incident			Suspension/Fine	Last 10 Minutes
Players participating in staged fight (No Instigator)		aged fight	3 games	n/a
2nd occurrence in the same game (No Instigator)			3 games minimum to players involved. Coaches shall be ejected + \$600	n/a
Staged fight where an instigator is identified		2 games minimum to Coach + \$600	n/a	
			1	1

OHF Members





Staged fight where an instigator is identified









5 games minimum to

offending Player



n/a



Rule 7.10 - Pre-Game Fights or End or beginning of period		
Who is Penalized:	Suspension/Fine	Last 10 Minutes
Instigating player(s)	5 games	n/a
Instigating coach (if identified)	3 games + \$1500	4 Games
Rule 7.10 - Fights Involving Goaltenders		
Incident	Suspension/Fine	Last 10 Minutes
Any fights between goaltenders	3 games	n/a
Goaltender travels down the ice inside the other club's blue line to fight opposing goalkeeper	5 games	n/a
2nd offence with an opposing goalkeeper	6 games	n/a
Goaltender who leaves the crease to engage in a fight with any player other than a goaltender	2 games	n/a

Type	Penalty	Suspension Fine	Last 10 Minutes	
Instigator of a Fight				
Minor	First Offense	1 game	n/a	
Minor	Second Offense	3 games	n/a	
Minor	Third Offense	Indefinite Suspension – League to determine	n/a	
NA	The coach of team whose player is penalized for a third offence of Instigator or Aggressor.	3 games	n/a	
(a) Note: If a p	layer is assessed both penalties in the same altercation, the	ry would be suspended for b	oth offences.	
Aggressor of a Fight				
Minor	First Offense	1 game	n/a	
Minor	Second Offense	3 games	n/a	
Minor	Third Offense	Indefinite Suspension – League to determine	n/a	
NA	The coach of team whose player is penalized for a third offence of Instigator or Aggressor.	3 games	n/a	
	Instigator of Minor Minor Minor NA (a) Note: If a p Aggressor of Minor Minor Minor	Instigator of a Fight Minor First Offense Minor Second Offense Minor Third Offense NA The coach of team whose player is penalized for a third offence of Instigator or Aggressor. (a) Note: If a player is assessed both penalties in the same altercation, the Aggressor of a Fight Minor First Offense Minor Second Offense Minor Third Offense NA The coach of team whose player is penalized for a	Minor First Offense 1 game Minor Second Offense 3 games Minor Third Offense Indefinite Suspension — League to determine NA The coach of team whose player is penalized for a third offence of Instigator or Aggressor. (a) Note: If a player is assessed both penalties in the same altercation, they would be suspended for be Aggressor of a Fight Minor First Offense 1 game Minor Second Offense 3 games Minor Third Offense Indefinite Suspension — League to determine NA The coach of team whose player is penalized for a 3 games The coach of team whose player is penalized for a 3 games	

Rule 7.11(a) Note: If a player is assessed both penalties in the same altercation, they would be suspended for both offences.

Instigator & Aggressor – Rule 7.11		
Incident	Suspension/Fine	Last 10 Minutes
2nd offence (Instigator or Aggressor)	\$500	n/a
3rd offence (Instigator or Aggressor)	\$750	n/a
4th offence (Instigator or Aggressor)	\$1000	n/a
5th offence (Instigator or Aggressor)	\$1250	n/a
6th offence and thereafter (Instigator or Aggressor)	Indefinite Suspension –	n/a
	League to determine	11/ a

















Rule #	Type	Penalty	Suspension/Fine	Last 10 Minutes
10.4 (e)	Game Misc.	Player identified as first to leave the players' or penalty bench during a fight or for the purpose of fighting.	6 games + \$1500	n/a
10.4 (e)	Game Misc.	Any player identified as the first to leave the players' or penalty bench during a fight.	6 games + \$1500	n/a
10.4 (e)	Game Misc.	The Coach of a team whose player is penalized under the above two points	2 games + \$500	3 games
10.4 (e)	Game Misc.	The coach whose player left the player bench but is not identified as the first to leave the players or penalty bench during an on-ice altercation.	1 game	2 games
10.4 (e)	Game Misc.	Leaving the Bench without Clearance from the Referee (assessed to Coach if altercation results in penalties at end of game)	2 games	
10.6 (f)	Gross Misc.	Any player who removes their chinstrap before or during a fight.	2 games	3 games
10.6 (f)	Gross. Misc.	If a player removes their helmet and releases their chinstrap to fight and the opposing player doesn't, the former will be assessed an additional two-minute Minor penalty.	2 games	3 games
10.6 (f)	Gross Misc.	Any player who removes an opponent's helmet or releases an opponent's chinstrap before or during a fight.	2 games	3 games
Removin	g Equipment to I	Fight – Rule 10.6		
Incident			Suspension/Fine	Last 10 Minutes
Removal	Removal of equipment on bench		1 game min. to Player 1 game min. to Coach	n/a
2nd occu	rrence – Coach a	nd Player	2 games	n/a

Two Fights on the same stoppage: Players involved in the second fight shall be subjected to an automatic suspension.		
Incident	Suspension/Fine	Last 10 minutes
No instigator in 2nd fight	1 game minimum to each Player	n/a
Instigator in 2nd fight	2 games minimum to Instigating player. The non-instigating Player shall not be suspended + \$500 fine	n/a

















Three or More Fights on the same stoppage:

When three or more fights occur during the same stoppage of play, players involved in the second fight and all subsequent fights shall be subjected to an automatic suspension.

If a team is identified as the instigator of the multiple fight situation, the following minimum penalties shall be applied:

Incident	Suspension/Fine	Last 10 minutes
Instigating player(s)	5 games	n/a
All players from instigating team who participated in multiple fight situation	2 games	n/a
Coach of the instigating team	1 game	n/a
Instigating Team	\$1000	n/a

If it is clear by the evidence that the multiple fights were instigated by one team, players from the non-instigating team shall not be suspended.

If an instigator is not identified, the following minimum penalties shall be applied:			
Incident	Suspension/Fine	Last 10 Minutes	
All participating players	2 games	n/a	
Coach from each team	1 game	n/a	
Fach team also receives \$1,000 Fine		•	

Players involved in the initial fight shall not be subject to the multiple fight penalties and suspensions.

Fighting Last 10 minutes of Game			
Incident	Suspension/Fine	Last 10 Minutes	
First fight (last 10 mins of game)	Warning delivered to both benches	n/a	
2nd fight (last 10 mins of game)	1 game suspension to each player	n/a	
2nd fight (last 10 mins of game with Instigator)	2 games minimum to instigating player The non-instigating player shall not be suspended	n/a	

SECTION 5 – OTHER				
Rule#	Type	Penalty	Suspension/Fine	Last 10 Minutes
4.8 (c)	Game Misc.	Any player or team official who is assessed a Game Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.8(c) is in addition to any suspensions applied under the minimum guidelines.	1 game	n/a

















any Director, Team Official or game official of the OHF or its Divisions		suspension + \$1000 (min. fine)	n/a	
Team official making public derogatory remarks with respect to the Federation,		League to determine	Last 10 Williates	
Incident	anu-ream Omcia	15	Suspension/Fine	Last 10 Minutes
10.8	n/a and Team Officia	Refusing to start Play	Indefinite Suspension – League to determine	n/a
10.4 (f)	Gross Misc.	Any player or team official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match penalty, returns to the ice surface or becomes involved with or disrupts the game in any way.	Indefinite Suspension – League to determine	n/a
4.9	Gross Misc.	Any gross misconduct assessed to a player or team official not otherwise covered within these guidelines	3 games	4 games
4.9 (b)	Gross Misc.	Any player or team official who is assessed a Gross Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.9(b) is in addition to any suspensions applied under the minimum guidelines.	1 game	n/a

APPROVED BY THE OHF BOARD OF DIRECTORS















