

2022-2023 OHF Minimum Suspension List – Junior Hockey

The following are minimum suspensions that shall be imposed for infractions, which occur in all OHF exhibition, league, and play-off games, during the current playing season for Junior competitive hockey. Note (1) that these suspensions are over and above any imposed by Hockey Canada rules. (2) The OJHL, NOJHL, GOJHL, PJHL will abide to the Hockey Canada Supplement.

Notice re: Clarifications

- These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstance warrant.
- Any other Suspension of fewer than 7 games shall be final and not appealable.
- If a Supplemental Suspension is assessed in addition to the minimum Suspension, the supplemental Suspension is appealable directly to the league.
- It is the responsibility of each team manager and/or coach to ensure their players sit out the appropriate suspensions. When in doubt as to the relevant suspension, contact the league office.
- If unable to contact the league office, sit player(s) in question until clarification can be obtained.
- These suspensions are in addition to the game incurred.

M = Misconduct

GM = Game Misconduct

GE = Game Ejection

MP = Match Penalty

GRM = Gross
Misconduct

Maltreatment – Rule 11			
Penalty	Rule	Type	Suspension
Unsportsmanlike Conduct	11.1 (d)	M	
Disrespectful and Abusive Behaviour (includes Inciting)	11.2 (d)	M	
Coach, Manager, Bench Personnel Unsportsmanlike Conduct	11.1(e)	GM	1 st = \$500.00 + one (1) game
			2 nd = \$750.00 + two (2) games
			3 rd = \$1000.00 + hearing
Players Unsportsmanlike Conduct			1 st = \$150.00 + two (2) games
			2 nd = \$300.00 + four (4) games
			3 rd = \$450.00 + six (6) games + hearing
Coach, Manager, Bench Personnel Disrespectful, Abusive, and Harassing Behaviour	11.2 (e)	GM	1 st = \$500.00 + one (1) game
			2 nd = \$750.00 + two (2) games
			3 rd = \$1000.00 + hearing
Players Disrespectful, Abusive, and Harassing Behaviour			1 st = \$150.00 + two (2) games
			2 nd = \$300.00 + four (4) games
			3 rd = \$450.00 + six (6) games + hearing
Disrespectful and Abusive Behaviour	11.2 (f)	GRM	Two (2) additional games
Discrimination	11.4	GRM	Indefinite pending hearing – minimum five (5) additional games
Spitting	11.3 (c)	MP	Minimum five (5) or up to seven (7) additional games AND supplement as required.
Physical Harassment of an Official	11.5 (c)	MP	Indefinite pending hearing – minimum five (5) or up to seven (7) additional games AND supplement as required.

Penalty	Rule	Type	Suspension
Checking From Behind	7.5 (a)	Minor + GM	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent minor
	7.5 (b)	Major + GM	Two (2) additional games
	7.5 (c)	MP	Five (5) additional games
Head Contact	7.6 (a) 7.7 (a)	(Double) Minor Minor + M	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent minor
	7.6 (a) / 7.7 (b)	Major + GM	Two (2) additional games
	7.6 (a) / 7.7 (c)	MP	Five (5) additional games

Penalty	Rule	Type	Suspension
Kneeing	7.8 (a)	Double Minor	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent double minor
	7.8 (b)	Major + GM	Two (2) additional games
	7.8 (c)	MP	Five (5) additional games
Clipping	8.7 (a)	Minor	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent minor
	8.7 (b)	Major + GM	Two (2) additional games
	8.7 (c)	MP	Five (5) additional games
Slew Footing	8.8 (a)	Double Minor	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent double minor
	8.8 (b)	Major + GM	Two (2) additional games
	8.8 (c)	MP	Five (5) additional games
Interference / Protection of the Goaltender	8.5 (a)	Minor	1 st & 2 nd = No minimum
			3 rd = Two (2) additional games
			4 th + = Additional two (2) games for each subsequent minor
			1 st in game to team = No minimum
			2 nd in game to team = One (1) additional game
			3 rd in game to team = Two (2) additional games to player + One (1) additional game to coach + \$500 per occurrence
	8.5 (b)	Major + GM	Two (2) additional games
	8.5 (c)	MP	Three (3) additional games
Accumulated Major Penalties – Non Fighting			
3 rd offence and thereafter			Three (3) additional games minimum
Accumulated Match Penalties – Not Listed Above			
1 st offence			Two (2) additional games minimum
2 nd offence and thereafter			Three (3) additional games minimum
Accumulated Game Misconducts – Non Fighting			
6 th offence			One (1) additional game + \$500
7 th offence			Two (2) additional games + \$750
8 th offence			Three (3) additional games + \$1000
9 th offence			Four (4) additional games + \$1,250
10 th offence and thereafter			Indefinite Suspension & Review + fine
Penalty	Rule	Type	Suspension
Instigator / Aggressor	7.11 (a)		1 st = No minimum
			2 nd = One (1) additional game + \$500
			3 rd = Two (2) additional games + \$750
			4 th = Three (3) additional games + \$1,000
			5 th = Four (4) additional games + \$1,250
			6 th = Indefinite + Review + fine
Two Fights on Same Stoppage			
Players involved in the second fight shall be subjected to an automatic suspension			
No instigator			One (1) additional game to each player
Instigator			Two (2) additional games to instigating player. Non-instigating player not suspended
Three or More Fights on Same Stoppage – where a team is identified as an instigator			
Players involved in the second fight and all subsequent fights shall be subjected to an automatic suspension			
If a team is identified as the instigator of the multiple fight situation, the following penalties shall be applied:			
Instigating player(s)			Five (5) additional games minimum
All players from instigating team who participated in multiple fight situation			Two (2) additional games minimum
Coach of instigating team			One (1) additional game minimum

Instigating Team			\$1,000
If it is clear by the evidence that the multiple fights were instigated by one team, players from the non-instigating team shall not be suspended			
Three or More Fights on Same Stoppage			
Players involved in the second fight and all subsequent fights shall be subjected to an automatic suspension			
If an instigator is not identified, the following minimum penalties shall be applied:			
All participating players			Two (2) additional games minimum
Coach from each team			One (1) additional game minimum
Each team			\$1,000
Players involved in initial fight shall not be subject to multiple fight penalties and suspensions			
Leaving the Players or Penalty Bench – Rule 10.4			
Player Identified	10.4 (e)		Six (6) additional games + \$1,500
*Coach whose player is penalized under 10.4 (e)			Two (2) additional games Plus \$500.00 team fine
*10.4 (e) – Coaches' penalty will be noted on the front and back of the game sheet of the Officials' copy only. Penalty to coach is automatic as a result of player receiving 10.4 (e), coach not to be ejected as a result of this penalty being assessed.			
Leaving the Bench without Clearance from the Referee (assessed to Coach if altercation results in penalties at end of game)	10.4 (e)		Two (2) additional games
Staged Fights – Rule 7.10			
Players participating in staged fight (No Instigator)			Three (3) additional games
2 nd occurrence in the same game (No Instigator)			Three (3) additional games minimum to players involved Coach ejected \$600
Staged fight (With Instigator)			Two (2) additional games coach \$600 Five (5) additional games minimum player
Pre-Game Fights or End or Beginning of Period – Rule 7.10			
Participating Players			Two (2) additional games
Instigating Player(s)			Five (5) additional games minimum
Instigating Coach (if identified)			Three (3) additional games + \$1,500
Fighting Last 10 Minutes of Game			
First fight			Warning to both benches
Second fight			Game Misconduct to Coaches
Second fight with Instigator			Game Misconduct ONLY to Instigating Team Coach
Fights Involving Goaltenders – Rule 7.10			
Any fights between goaltenders			Three (3) additional games minimum
Goaltender travels down the ice inside the other club's blue line to fight opposing goalkeeper			Five (5) additional games minimum
Second offence with an opposing goalkeeper			Six (6) additional games minimum
Goaltender who leaves crease to engage in a fight with any player other than a goaltender			Two (2) additional games minimum
Removing Equipment to Fight – Rule 10.6			
Remove helmet or opponent's helmet in a challenge or a fight		GRM	One (1) additional game minimum
Removal of equipment on bench			Player – One (1) additional game + appropriate penalties/suspensions Coach – Game Misconduct + One (1) additional game
2 nd occurrence – coach and player			Two (2) additional games minimum
Accumulated Fighting Majors – Rule 7.10			
5 th fighting major			One (1) additional game minimum
6 th fighting major			Three (3) additional games minimum \$750 team fine
7 th fighting major			Four (4) additional games minimum \$1,000 team fine
8 th fighting major			Eight (8) additional games minimum \$1,250 team fine
Any subsequent fighting major after 8			Complete review to determine an appropriate suspension and team fine.

Non Suspendable	Rule/Code	Suspension
Failure to go to the Player's Bench or Neutral Area	7.10 (d)	
Throwing Stick Over Boards	10.5 (d)	
Refusing to Surrender Stick for Measurement (Minor + Misconduct)	10.6 (d)	
Wearing Equipment Improperly (helmet, facial protector, neck guard, mouth guard)	10.6 (d)	
Game Ejection/Game Misconduct Penalties: Any player or team official who is assessed a Game/Gross Misconduct penalty in the last ten minutes of regular time, at any time in overtime, or after the conclusion of the game and prior to the player or team official entering his dressing room, shall automatically be suspended for a minimum of the next regular league/play-off game.		
Two misconduct penalties (same game)	4.7 (c)	
Game Ejections	4.8 (b)	
Boarding (major)	7.2 (b)	
Charging (major)	7.4 (b)	
Roughing (major)	7.9 (b)	
Five-minute fighting major	7.10 (b)	
Holding (major)	8.1 (b)	
Hooking (major)	8.2 (b)	
Interference (major)	8.3 (b)	
Interference from the Bench (Bench Minor + Game Misconduct, if identifiable)	8.4 (a)	
Interference from the Bench	8.4 (b)	
Cross Checking (major)	9.2 (b)	
Slashing (major)	9.3 (b)	
Kick Shot (with injury – Major + Game Misconduct)	10.5 (b)	
Refusing to Remove Mask for Identification	10.6 (f)	
Coaches & Team Officials		
Team official making public derogatory remarks with respect to the Federation, any Director, Team Official or game official of the OHF or its Divisions		\$1000.00 fine minimum *(Plus the appropriate suspension)
Refusing to Start Play (Major + Game)	10.14(a)	Indefinite (Plus the appropriate team fine)
Players & Team Officials		
Game Misconducts		
Hair pulling, Grab Face Mask / Helmet / Chin Strap / Throat Protector	7.1 (b)	One (1) additional game
Charging (major + game)	7.4 (b)	One (1) additional game
Player(s) 3rd, 4th, 5th, etc. player into a fight	7.10 (e) ii	Two (2) additional games
Match Penalties		
Attempt to Injure or Deliberate Injury <i>Note: May include but not limited to head butting, hair pulling, grabbing face mask, and kicking</i>	7.1 (c)	Four (4) additional games
Fighting – Ring or Tape on Hand(s)	7.10 (c)	Four (4) additional games
Butt-ending	9.1 (c)	Four (4) additional games
Spearing	9.4 (c)	Four (4) additional games

APPROVED BY THE OHF BOARD OF DIRECTORS

