

ONTARIO HOCKEY FEDERATION

400 Sheldon Drive, Unit 9
Cambridge, ON N1T 2H9
T: 226-533-9070 F: 519-620-7476
www.ohf.on.ca



2023-2024 OHF Minimum Suspension List – Junior Hockey

The following are minimum suspensions that shall be imposed for infractions, which occur in all OHF exhibition, league, and play-off games, during the current playing season for Junior competitive hockey. Note (1) that these suspensions are over and above any imposed by Hockey Canada rules.

Notice re: Clarifications

1. These are minimum suspensions. Additional suspensions will be imposed wherever conditions and circumstance warrant.
2. Any other Suspension of fewer than 7 games shall be final and not appealable.
3. If a Supplemental Suspension is assessed in addition to the minimum Suspension, the supplemental Suspension is appealable directly to the league.
4. It is the responsibility of each team manager and/or coach to ensure their players sit out the appropriate suspensions. When in doubt as to the relevant suspension, contact the league office.
5. If unable to contact the league office, sit player(s) in question until clarification can be obtained.
6. These suspensions are in addition to the game incurred.

Maltreatment – Rule 11 Player or Team Official			
Rule #	Type	Penalty	Suspension
11.2(e)	Game Misconduct	Abusive Behavior	1 game
11.2(f)	Gross Misconduct	Abusive Behavior	2 games
11.3(c)	Match	Spitting	5 games
11.4	Gross Misconduct	Discrimination	Indefinite Suspension (Minimum 5 Games)
11.5(c)	Match	Physical Harassment of Officials	Indefinite Suspension
11.5(e)	Game Misconduct	Physical Harassment of Officials	1 game

Progressive Suspensions – Player or Team Official		
11.2(e)	Receives 2 Game Misconducts under Rule 11.2 in a season	2 games
11.2(e)	Receives 3 or more Game Misconducts under Rule 11.2 in a season	Indefinite Suspension
11.2(f)	Receives 2 Gross Misconducts under Rule 11.2 in a season	Indefinite Suspension
11.4	Receives 2 or more Gross Misconducts under Rule 11.4 in a season	Indefinite Suspension
11.5(e)	Receives 2 or more Game Misconducts under Rule 11.5(e) in a season	Indefinite Suspension

Checking From Behind - Rule 7.5		
Penalty Options	Suspension	Fine
Minor & Game Misconduct	No minimum	
Major & Game Misconduct	2 games	
Match	5 games	

Accumulations: A player shall receive a minimum 2 game suspension upon receiving his 3rd minor penalty for Checking from Behind in the same season. An additional 2 game suspension shall result for each subsequent minor in the same season.

Head Contact - Rule 7.6 / 7.7		
Penalty Options	Suspension	Fine



Ontario Hockey Federation
A proud Branch of Hockey Canada

Minor & Misconduct	No minimum	
Major & Game Misconduct	2 games	
Match	5 games	
Accumulations: A player shall receive a minimum 2 game suspension upon receiving his 3rd minor penalty for Head Contact in the same season. An additional 2 game suspension shall result for each subsequent minor in the same season.		

Kneeing – Rule 7.8		
Penalty Options	Suspension	Fine
Double Minor	No minimum	
Major & Game Misconduct	2 games	
Match	5 games	
Accumulations: A player shall receive a minimum 2 game suspension upon receiving their 3rd double minor penalty for Kneeing in the same season. An additional 2 game suspension shall result for each subsequent double minor in the same season.		

Clipping – Rule 8.7		
Penalty Options	Suspension	Fine
Minor	No minimum	
Major & Game Misconduct	2 games	
Match	5 games	
Accumulations: A player shall receive a minimum 2 game suspension upon receiving their 3rd minor penalty for Clipping in the same season. An additional 2 game suspension shall result for each subsequent minor in the same season.		

Slew Footing – Rule 8.8		
Penalty Options	Suspension	Fine
Double Minor	No minimum	
Match	5 games	
Accumulations: A player shall receive a minimum 2 game suspension upon receiving their 3rd double minor penalty for Slew Footing in the same season. An additional 2 game suspension shall result for each subsequent double minor in the same season.		

Interference/Protection of the Goaltender – Rule 8.5		
Penalty Options	Suspension	Fine
1st minor penalty in game to team: Minor Penalty	No minimum	
2nd minor penalty in game to team: Minor Penalty	No minimum. Warning delivered to both benches.	
3 + minor penalties in same game to team: Minor Penalty and Game Misconduct	1 game to the player	\$500 Per occurrence
Major Penalty and Game Misconduct	2 games	
Match	5 games	

OHF Members





Ontario Hockey Federation
A proud Branch of Hockey Canada

Notes: In addition, a player shall receive a 2 game suspension upon receiving his 3rd penalty for Goaltender Interference in the same season. An additional 2 game suspension shall result for each subsequent Goaltender Interference Penalty in the same season.

ACCUMULATED MAJOR PENALTIES – NON-FIGHTING

Incident	Suspension	Fine
3rd offence and thereafter	3 games	

ACCUMULATED MATCH PENALTIES (not listed above)

Incident	Suspension	Fine
1 st offence	2 games	
2 nd offence and thereafter	3 games	

ACCUMULATED GAME MISCONDUCTS - NON-FIGHTING

Incident	Suspension	Fine
6 th offence	1 game	\$500
7 th offence	2 games	\$750
8 th offence	3 games	\$1,000
9 th offence	4 games	\$1,250
10 th offence and thereafter	Indefinite Suspension and Review	TBD

Instigator & Aggressor – Rule 7.11

Incident	Suspension	Fine
2nd offence (Instigator & Aggressor Combined)	1 game	\$500
3rd offence (Instigator & Aggressor Combined)	2 games	\$750
4th offence (Instigator & Aggressor Combined)	3 games	\$1,000
5th offence (Instigator & Aggressor Combined)	4 games	\$1,250
6th offence and thereafter (Instigator & Aggressor Combined)	Indefinite Suspension and Review	TBD

Two Fights on the same stoppage:

Players involved in the second fight shall be subjected to an automatic suspension.

Incident	Suspension	Fine
No instigator in 2nd fight	1 game minimum to each player	
Instigator in 2nd fight	2 games minimum to Instigating player. The non-instigating player shall not be suspended.	\$500

Three or More Fights on the same stoppage:

When three or more fights occur during the same stoppage of play, players involved in the second fight and all subsequent fights shall be subjected to an automatic suspension.

If a team is identified as the instigator of the multiple fight situation, the following minimum penalties shall be applied:

Incident	Suspension	Fine
----------	------------	------

OHF Members





Ontario Hockey Federation
A proud Branch of Hockey Canada

Instigating player(s)	5 games	
All players from instigating team who participated in multiple fight situation	2 games	
Coach of the instigating team	1 game	
Instigating Team		\$1,000
If it is clear by the evidence that the multiple fights were instigated by one team, players from the non-instigating team shall not be suspended.		

If an instigator is not identified, the following minimum penalties shall be applied:		
Incident	Suspension	Fine
All participating players	2 games	
Coach from each team	1 game	
Each team also receives \$1,000 Fine Players involved in the initial fight shall not be subject to the multiple fight penalties and suspensions.		

Leaving the Players or Penalty Bench – Rule 10.4		
Incident	Suspension	Fine
Player Identified	6 games	\$1,500
Coach whose player is penalized under 10.4(e)	2 games	\$500
10.4 (e) – Coaches’ penalty will be noted on the front and back of the game sheet of the Officials’ copy only. Penalty to coach is automatic as a result of player receiving 10.4 (e), coach not to be ejected as a result of this penalty being assessed.		
Leaving the Bench without Clearance from the Referee (assessed to Coach if altercation results in penalties at end of game)	2 games	

Staged Fights - Rule 7.10		
Incident	Suspension	Fine
Players participating in staged fight (No Instigator)	3 games	
2nd occurrence in the same game (No Instigator)	3 games minimum to players involved. Coaches shall be ejected	\$600
Staged fight where an instigator is identified	2 games minimum to coach	\$600
Staged fight where an instigator is identified	5 games minimum to offending player	

Pre-Game Fights or End or beginning of period - Rule 7.10		
Who is Penalized:	Suspension	Fine
Participating players	2 games	
Instigating player(s)	5 games	
Instigating coach (if identified)	3 games	\$1,500

OHF Members





Ontario Hockey Federation
A proud Branch of Hockey Canada

Fighting Last 10 minutes of Game		
Incident	Suspension	Fine
First fight (last 10 mins of game)	Warning delivered to both benches	
2nd fight (last 10 mins of game)	1 game suspension to each player	
2nd fight (last 10 mins of game with Instigator)	2 games minimum to instigating player The non-instigating player shall not be suspended	

Fights Involving Goaltenders - Rule 7.10		
Incident	Suspension	Fine
Any fights between goaltenders	3 games	
Goaltender travels down the ice inside the other club's blue line to fight opposing goalkeeper	5 games	
2nd offence with an opposing goalkeeper	6 games	
Goaltender who leaves the crease to engage in a fight with any player other than a goaltender	2 games	

Removing Equipment to Fight – Rule 10.6		
Incident	Suspension	Fine
Remove helmet or opponents' helmet in a challenge or a fight (Gross Misconduct)	1 game	
Removal of equipment on bench	1 game minimum to player 1 game minimum to coach	
2nd occurrence – coach and player	2 games	

ACCUMULATED Fighting Majors – Rule 7.10		
Incident	Suspension	Fine
5th fighting major	1 game	
6th fighting major	3 games	\$750 (Team Fine)
7th fighting major	4 games	\$1,000 (Team Fine)
8th fighting major	8 games	\$1,250 (Team Fine)
Any subsequent fighting major after 8	League to determine suspension and team fine	

Coaches and Team Officials		
Incident	Suspension	Fine
Team official making public derogatory remarks with respect to the Federation, any Director, Team Official or game official of the OHF or its Divisions		\$1,000 fine minimum (Plus the appropriate suspension)
Refusing to Start Play (Major + Game)	10.14(a)	Indefinite (Plus the appropriate team fine)

OHF Members





Ontario Hockey Federation
A proud Branch of Hockey Canada

Players and Team Officials		
Game Misconducts	Suspension	Fine
Hair pulling, Grab Face Mask / Helmet / Chin Strap / Throat Protector 7.1 (b)	1 game	
Charging (major + game) 7.4 (b)	1 game	
Player(s) 3rd, 4th, 5th, etc. player into a fight 7.10 (e) ii	2 games	
Attempt to Injure or Deliberate Injury 7.1 (c) Note: May include but not limited to head butting, hair pulling, grabbing face mask, and kicking.	4 games	
Fighting – Ring or Tape on Hand(s) 7.10 (c)	4 games	
Butt-ending 9.1 (c)	4 games	
Spearing 9.4 (c)	4 games	

Last 10 Minutes of Game
Game Ejection/Game Misconduct Penalties: Any player or team official who is assessed a Game/Gross Misconduct penalty in the last ten minutes of regular time, at any time in overtime, or after the conclusion of the game and prior to the player or team official entering his dressing room, shall automatically be suspended for a minimum of the next regular league/play-off game.

APPROVED BY THE OHF BOARD OF DIRECTORS



OHF Members

